

TRAVEL+ LEISURE

May 5, 2020

CheapCaribbean Is Giving 50 Nurses Free Vacations to Show Their Appreciation During National Nurses Week

To celebrate National Nurses Week, CheapCaribbean is asking you to nominate a nurse for a free vacation.

BY [ELIZABETH RHODES](#)



PHOTO: MARCO BOTTIGELLI/GETTY IMAGES

Nurses across the country have been working tirelessly throughout the [COVID-19 pandemic](#) to care for patients fighting this daunting disease. Now, [CheapCaribbean](#) wants to give back to 50 nurses to show their appreciation and gratitude for all their work during this difficult time. To celebrate National Nurses Week, which runs from May 6 to 12, CheapCaribbean is launching a “Beach Shift” giveaway, offering a free vacation to one nurse from every state in the U.S.

Starting May 6, you can nominate a nurse you know to win a three-night, all-inclusive stay at their choice of 37 Riu Hotels & Resorts in Mexico, Central America, and the Caribbean. To nominate a nurse, just fill out this [brief form](#) and explain why you think they deserve a “Beach Shift.” CheapCaribbean will randomly select a winner from each state, and the winner can travel at their convenience between August 1, 2020 and December 15, 2021. Check out the full terms and conditions on the [contest website](#).

Riu has hotels and resorts in a number of beautiful [beach destinations in Mexico](#), including [Los Cabos](#), Cancun, and Playa del Carmen, plus properties in Central America and the Caribbean.

Looking for other ways to help frontline workers during the COVID-19 pandemic? Learn how to [make face masks](#) for hospitals, [buy meals \(or vacations\) for frontline workers](#), or [help procure personal protective equipment](#) for those who need it. Of course, one of the best ways to help frontline workers right now is to simply stay home to help flatten the curve and slow the spread of the virus.

People

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May 5, 2020

This Travel Company Is Giving Nurses Free Mexico Vacations (for Later)

Nominate a deserving nurse to hang out on a beach, finally doing nothing.

By [Ruby Anderson](#)



Everyone's tossing [free food and drinks](#) at nurses right now, but a hot [coffee handout at Starbucks](#) starts to lose its shimmer when your sleep schedule is as inconsistent as COVID-19 messages from the federal government. What the nurses really need is *rest*.

But the booking website [CheapCaribbean.com](#) seems to understand a healthcare worker's desires perfectly, because it just announced that in celebration of National Nurses Week (May 6-12), it will be handing 50 nurses a three-night, all-inclusive stay in Mexico. The website calls the giveaway "Beach Shift."

"Nurses have made incredible sacrifices during these" *flinch* "unprecedented times," it says on the giveaway's [submission page](#). "To show them our gratitude

for everything they do and for helping keep us safe, we're giving them a shot at a free beach vacay!"

Basically, the website will randomly select one nurse in every state to stay at a Riu Hotels & Resorts property for three nights, at any time between August 1, 2020 and December 15, 2021.

There's only one major womp-womp in this situation, which you can read in tiny print on the competition page: "**Air is not included.**" (I'd say that you should try to buy your flights in October, because tickets are pretty cheap then, but it's obviously hard to know what the pandemic will look like at that point.)

Nominations will be accepted between May 6 and 12. All you have to do to put someone's name in the mix is share why you think this nurse deserves to take a "Beach Shift." Thing is, it's random, so don't sweat too much about it -- it's obvious that all nurses deserve a little paradise right now.

May 6, 2020

Calling all essential workers: Freebies and more up for grabs

By [Perri Ormont Blumberg](#) and [Carole Sovocool](#)



All essential workers can de-stress with virtual yoga and more, courtesy of Bach, a personal training company.

Companies and individuals are sharing the love with free services, giveaways and sweepstakes

Paradise found

Who hasn't been dreaming of turquoise sea, soft sand — oh, and limitless fruity cocktails? Help make this come true for 50 nurses across the US as part of CheapCaribbean's celebration of National Nurses Week. Their "Beach Shift" giveaway will gift a three-day stay at any of Riu Hotels & Resorts' 37 properties in the Caribbean, Mexico and Central America. Travel anytime between Aug. 1, 2020 and Dec. 15, 2021. Nominate online by May 12 at CheapCaribbean.com.



May 5, 2020

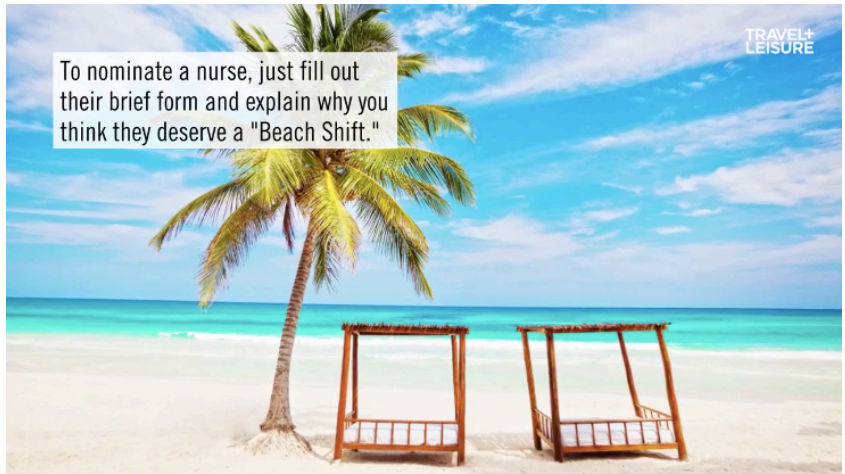
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To nominate a nurse, just fill out their brief form and explain why you think they deserve a "Beach Shift."



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