

TV commercial




[Watch video](#)

# Weekend Happenings

Weekly on-air segments with local Fox affiliate



# Social Media Posts



**tasteconnecticut and ctvisit**  
Paid partnership with ctvisit  
Original audio

**tasteconnecticut** We've partnered with @CTvisit to highlight some of our favorite allergy friendly bakeries in Connecticut.  
#ad #ct #connecticut #glutenfree #vegan #foodallergy #glastonbury #avon #westbrook #ctbites #ctfoodfinds #CTvisit #CTcreator  
2w

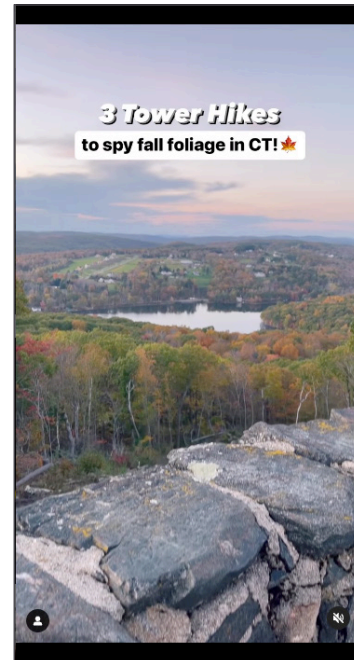
**earlybirdonthetrail** Love Dee's!! Have been going there for years! ❤️  
1w 1 like Reply

**crossbowkatanaguns** Come see us at Hardcore Sweet!! We have ton of vegan and gluten free options! And NO they don't taste any different from the regular cupcakes! I promise! 💕💕💕💕  
2w 1 like Reply

**laurielynjewelry** These are very important places!!!❤️💕 Ty!  
2w 2 likes Reply

**elizabeth.woodberry** By The Way Bakery in Greenwich is incredible as well!  
2w 2 likes Reply

Liked by knotsoloud and 5,406 others  
SEPTEMBER 18



**earlybirdonthetrail and ctvisit**  
Global Genius • Making Of A Moment

**earlybirdonthetrail** Which one are you going to first?? 🍁  
With 360 degree views what better way to see the leaves changing this fall than from atop a tower! 🌟🌟  
See details below for each of these historic Connecticut towers! 📍📍📍

I'm excited to team up with @CTvisit and @CTForMe to feature these hikes up to 3 towers in our state. All are pretty short so if you are new to hiking or want to bring the family, they are great options this season! 🌟

- 📍 Mount Tom Tower Trail, Litchfield  
🏃 1.3 mile loop, 340 ft elevation gain  
🏰 This park is the oldest in the CT state park system and the tower is listed on the National Register of Historic Places!
- 📍 Camp Columbia State Historic Park, Morris  
🏃 6 miles round trip, 36 ft elevation gain  
🏰 Almost 600 acres in this park which was used during the First World War where it served as a military combat training facility for Columbia students.
- 📍 Haystack Tower, Norfolk  
🏃 1.8 miles loop on yellow trail, 500 ft elevation gain  
🏰 Haystack Mountain State Park was donated by Ellen Battell Stoeckel, a Norfolk resident, who donated the tower in memory of her husband.  
🌟 If clear you can see peaks in MA, NY, and the Green Mountains of Vermont!

Liked by ryanhumble and 2,950 others  
3 DAYS AGO



**ctvisit**  
Abbott's Lobster in the Rough

**ctvisit** @knotsoloud enjoyed her first 🦞 roll of the season at @abbottslobster 🌟 which #CT lobster stacks are on your list this summer?  
#CTforMe #CTvisit #CTcreator #Sponsored  
17w

**stayportside** ❤️❤️ great pic @knotsoloud !!  
16w 1 like Reply

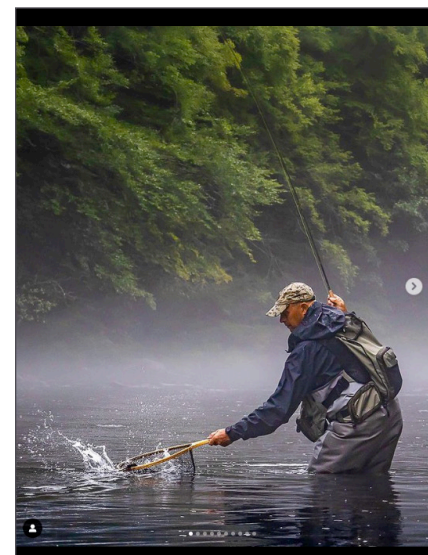
**is5\_gurl\_this6\_onfire** But are they LGBTQAI+ friendly? If not I won't go  
17w Reply

**sonoskyct**  
17w Reply

**amry.rashad** It's always Abbott's... we've yet to find a better place!  
17w Reply

**phammond1020** ❤️ Abbotts!  
17w Reply

Liked by knotsoloud and 319 others  
JUNE 2



**noreasterexposure and ctvisit**  
Paid partnership with ctvisit  
Connecticut

**noreasterexposure** We have partnered with @CTvisit to showcase fishing and camping on the Farmington River

🎣 The Farmington River is a renowned trout fishery and a premiere fly fishing destination with a wide variety of large fish species, fast water runs, and deep pools. It provides over 30 fishing spots to explore.

🏕️ Local campgrounds like the American Legion State Forest (you have to reserve in advance) can offer you a place to stay, including small rustic cabins or tent sites to complete a weekend fishing excursion.

#sponsored #CTvisit #Connecticut #CTcreator #fishing #troutfishing #camping #campgrounds #cabins #river #flyfishing #trout #campingideas #adventureideas  
2w

**vmcp\_explore\_nature** Amazing photography ❤️❤️❤️❤️  
6d Reply

**startingpoint.therapy** These are amazing!  
2w Reply

Liked by knotsoloud and others  
SEPTEMBER 16



## Website Content Articles



STORIES > HIKE THE APPALACHIAN TRAIL IN CONNECTICUT - 50 MILES IN 7 MANAGEABLE SECTIONS 



### Hike the Appalachian Trail in Connecticut - 50 Miles in 7 Manageable Sections

LAST UPDATED: SEPTEMBER 2022





Meet our #CTcreator Kristen Valenti of [Early Bird on the Trail!](#) CTvisit.com is proud to partner with some of the region's most popular content creators for ideas, insights and inspiration from the people who are lucky enough to call Connecticut home, like writer Kristen Valenti who wrote this article which you can also check out on her [blog](#). Article has been updated by the Connecticut Office of Tourism.


Are you looking for longer hikes in Connecticut? Hikes with views, stone walls, waterfalls, rivers, and streams along the way? Fields of green and grassy meadows on one side of a well-worn narrow path with the Housatonic River on the other? A classic hiking experience awaits you along the 49 miles of the [Appalachian Trail in Connecticut](#) in the northwest corner of the state.


Here's how to break down those 49 miles into 7 manageable (not too difficult) hikes and navigate each of the 7 legs.

Of course, the 49 miles can be broken up a little differently. Some people might even hike it in 2 days! (I ran into a few people that were trail running the whole entire thing in one day!) I like hiking to be a challenging yet enjoyable experience, so I prefer moderately sized hikes but feel free to combine a couple if you'd like to complete it in less time.

## [Hike Story](#)



STORIES > SENSORY-FRIENDLY PROGRAMS FOR KIDS AT CONNECTICUT ATTRACTIONS 




### Sensory-Friendly Programs for Kids at Connecticut Attractions

LAST UPDATED: SEPTEMBER 2022

Our #CTcreator from [Mommy Poppins.com](#) is back with some great suggestions for places where you can find special sensory programs and hours at some of Connecticut's top family attractions.

Children of all abilities deserve to enjoy the [best museums and attractions across Connecticut](#). To make them more accessible to all audiences, many offer sensory-friendly programs and hours. Smaller crowds, dimmed lights, and reduced sound volumes are some of adaptations made to accommodate children with Autism and other sensitivities.



#### Connecticut Science Center, Hartford

Approximately once a month, during their sensory-friendly days, the volume of demonstrations is turned down and lights are dimmed. Kids can enjoy activities, arts and crafts, and live science performances with a quieter, calmer touch.

## [Sensory Story](#)



# Activations - Sound on Sound Music Festival



**2hungryjenns** · Following  
Solo Artist Saxx · BLOWIN UP


**2hungryjenns** Day 2 of @soundonsoundct had a MAJOR SHIFT in the #ctvibe and the fashion was giving Big Festival Energy!!

Trending:

- 🌟 FLANNEL and Hats were the #1 Fashion Statement
- 🌟 Clear BackPacks for Transparency and ease
- 🌟 Gen Z brought the heat with Rockstar Chic
- 🌟 Stevie Nicks Inspired Many in her Coven
- 🌟 Even Guys got in on the vibe with extensions
- 🌟 Graphic & Band Tees: Stevie Nicks & The Lumineers had ton

Liked by ctvisit and 80 others  
7 DAYS AGO

Add a comment... [Post](#)



**2hungryjenns**  
Kyle Walker · Strut

**2hungryjenns** SHEESH!!! Shout out to @ctvisit and @soundonsoundct for BRINGING DA EATS today and The DOPEST festival to hit CT!!

We had blueberry lemonade from @lemonnates in Guilford! Wild Donuts from @donutcrazy :Pretty sure they're officially the BEST to do it!!

The BEC & Loaded Potato from @thetastyolk : Mike & The Crew done DID IT ON 'EM!!!

A Pulled Pork & Chicken Taco from @littlepub

And some cool cider from @athleticbrewing

Psshhhh Come find us tomorrow and let's finish the weekend on a HIGH NOTE!! Pun Intended!!

#ctcreators #ctvisit #soundonsoundct #bridgeport #ct #2hungryjenns

Edited · 1w

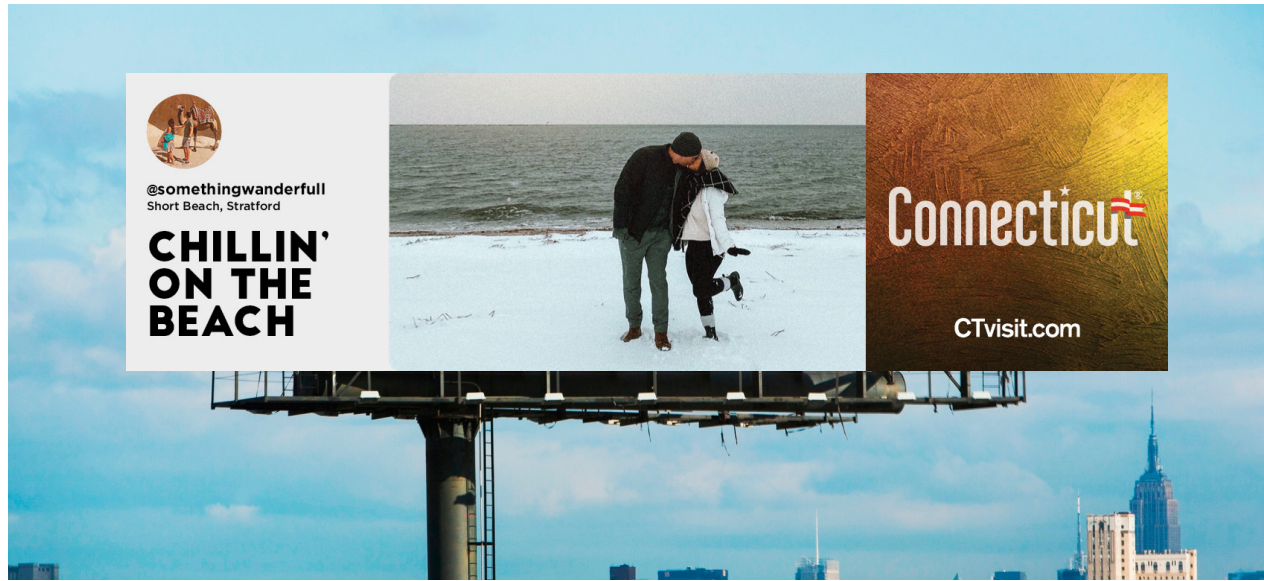
**toddecooks** 🔥🔥  
1w · 1 like · Reply

**goodfoodielife** Looks so much fun 😄😄  
1w · 1 like · Reply

**athleticbrewing** 🍷🍷🍷🍷  
1w · Reply

Liked by ctvisit and 82 others  
SEPTEMBER 24

OOH- Billboard





OOH- Billboard

