



Links to Press Trip Coverage:

- **Link 1:**
 - Title: Article on matadornetwork.com
 - Description: Connecting forest bathing to a sense of peace.
 - Link: <https://matadornetwork.com/read/forest-bathing-sonoma-county-california/>
- **Link 2:**
 - Title: Article on MarthaStewart.com
 - Description: Founder of Herb Folks shares heritage and drive to help others fuels her small businesses
 - Link: <https://www.marthastewart.com/8153490/erin-wilkins-herb-folk>
- **Link 3:**
 - Title: Good Day Sacramento TV coverage
 - Description: Sonoma County Tourism is sharing ways visitors can come and rejuvenate, take a workcation.
 - Video link: <https://gooddaysacramento.cbslocal.com/video/program/652/4817567-sonoma-county-tourism/>
- **Link 4:**
 - Title: Article on tripsavvy.com
 - Description: Article result from familiarization trip showcasing natural wonders of Jack London State Historic Park.
 - Link: <https://www.tripsavvy.com/jack-london-state-historic-park-guide-5199104>

- **Link 5:**
 - Title: Article on Shondaland.com
 - Description: 5 women helping bring us more joy - forest bathing
 - Link: <https://www.shondaland.com/live/a37078606/5-women-helping-bring-us-more-joy/>

- **Link 6:**
 - Title: Article on wanderwithwonder.com
 - Description: Forest bathing: learning to be in the moment
 - Link: <https://www.wanderwithwonder.com/forest-bathing-be-in-the-moment/>

- **Link 7:**
 - Title: Martha Stewart Instagram, 3.8 m followers
 - Description: Selfmade with Erin Wilkins, Herb Folk
 - Link: <https://www.instagram.com/marthastewart/?hl=en>

- **Link 8:**
 - Title: Article on tripsavvy.com
 - Description: The 17 Best Beaches in California
 - Link: <https://www.tripsavvy.com/best-beaches-in-california-5191454>

- **Link 9:**
 - Title: Article on orbitz.com
 - Description: 7 Sonoma wineries even novices will love
 - Link: <https://www.orbitz.com/blog/2021/10/7-sonoma-wineries-even-novices-will-love/>

- **Link 10:**
 - Title: Article on hotelsabovepar.com
 - Description: Retro Motels & Motor Lodges across the United States
 - Link: <https://hotelsabovepar.com/sl-retro-motels-motor-lodges-across-the-united-states/#The-Flamingo-Resort>